

# THATSIT

Total support – unlimited movement

Design: Peter Opsvik

## Concept



Vary your position by placing your lower leg on, in front of, between, or beside the kneepads

Your body moves in response to the chair's tilting motion

Your spine is perfectly supported

The open angle between your upper and lower body aids blood circulation

## Category

Variation makes life exciting. On a Varier kneel chair, your body is constantly in motion. Place your knees on, in front of, between or beside the shin pads to vary your sitting angle and posture, and find the ideal balance point for your body. Have you noticed that all of the seats on our kneel chairs lean downward? This tilts the pelvis forward and puts the spine in the same position as when you are standing. This means no pressure on spinal discs and relief from shoulder and back tensions. Just remember to place your weight on your bottom when sitting, and on your shins when varying your positions. You'll never want to go back to your old way of sitting.

## Healthy sitting

- Follows the natural body movement
- Promotes natural, upright posture
- Prevents tension in neck and shoulders
- Strengthens core and abdominal muscles
- Enhances deep breathing
- Improves concentration through increased blood circulation and oxygen supply
- Energizes and combats tiredness
- Reduces pressure on vertebral discs

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# Benefits

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## Movement and variation

- Freedom to concentrate on work
- Muscles are stimulated - no wear and tear of static sitting

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## Runners

- Follow movements of the body and encourage active sitting positions
- The body will find its own natural balance
- Stimulates dynamic and active sitting positions
- Can function as support for the feet

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## Separate, adjustable leg cushions (balance concept = runners + tilted seat + leg cushions)

- Prevent sliding forwards
- Support for the legs/feet
- Accessible
- Different sitting positions, leaning forwards with legs on cushions, central position with feet placed on runners or floor, one foot on floor – one on leg cushion and leaning backwards

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## Tilted seat

- Sitting positions with a natural open angle between thigh and torso
- Makes breathing easier
- Healthy lifestyle

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## Extra: Soft-tape

- Added protection for wood floors
- More comfort on tiled floors

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## No sharp edges

- Comfortable to find individual sitting positions
- Comfortable in use

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## Open construction

- Freedom for movement
- Freedom for variation
- Air to the body
- Easy to clean – no dust and litter between back and seat

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Simple construction

- Easy to assemble
- Few parts

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On the market for more than 20 years

- Does not follow trends
- Timeless
- Safety
- Well known and accepted concept

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Design Peter Opsvik

- Classical and functional
- Designed to rise the user's wellness

# Features

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## Floor Protection

- Protect the floor
  - Stability
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## Supplied in a number of fabrics & leathers

- Goes easily into existing interiors
  - Easy to choose according to personal taste
  - Easy to clean
  - Available in different price groups
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## Steel tube in seat and back

- Strength
  - Stability
  - Better utilization of foam
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## Base made in laminated wood with a core in beech, and top laminate in ash

- Environmentally friendly
  - Strong construction, long lasting
  - Natural materials
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## Tested according to European standard for Non-Domestic Use NS-EN 16139 2013

- Tested by officially accredited test institute
- Safe and high quality

# Technical Information Main

## Chair Measurements

	Width	Depth	Height	Seat height
Thatsit	56 cm	92 cm	93-103 cm	51 cm

## Box Measurements and Weight

	Height	Length	Width	Weight
Thatsit	80 cm	82,5 cm	59,5 cm	38,15 kg

## Effects after Use

- Do you have knees that hurt? Try shifting a bit further back on the seat, resulting in less pressure on the knees. Also, sitting on a Thatsit gives a brand new sitting experience compared to other chairs. The body needs to adjust and we therefore recommend a period of adaptation - start off by using it only 30 min - 1 hour the first day, then gradually more and more for each day
- Better posture
- Stronger back

## Pre-Conditions for Use

User must trust the chair to support various positions

Production country: Poland

Launch date: 1991

## User and User Areas

- Suitable for adults
- Perfect chair for all kind of work at the desk, home office or office
- Computer work
- Homework
- Studying

## Warranty

- 7-year warranty on all wood parts
- 5-year warranty on all mechanical parts
- To make use of this extended guarantee please register online: [varierfurniture.com/Guarantee](http://varierfurniture.com/Guarantee)